STARTERS

HOUSE MADE VINEGAR CHIPS \$9

Smoked Blue Cheese, Bacon, & Scallions

WOOD FIRED PESTO BREAD \$10

Fontina, Mozzarella, & Sun-Dried Tomatoes, Balsamic Vinaigrette

FRIED GREEN TOMATO \$10

Anson Mills Golden Grits & Charred Tomato-Tasso Gravy

TRIO'S BRICK OVEN FAVORITE \$11

Herb Parmesan Pizza Wedges with Warm Marinara & Goat Cheese, White Bean Dip, & Tapenade

SALMON CAKES \$14

Roasted & Served Over Citrus Beurre Blanc

CRISPY CALAMARI \$15

Fried Banana Peppers, Sweet Pepper Sauce, & Sriracha Aioli

ONION SOUP \$8

Puff Pastry & Mozzarella Cheese

MULLIGATAWNY SOUP

Our Signature Cup \$7 Bowl \$8

TODAY'S SOUP Cup \$7 Bowl \$8

gMIXED GREENS SALAD \$7

Diced Tomatoes & Cucumbers

g SPINACH SALAD \$8

Bacon, Mushrooms, Feta Cheese, Red Onions, & Diced Tomatoes

gTRIO'S BABY GREEN SALAD \$8

Strawberries, Granny Smith Apples, Cheddar, Smoked Bleu Cheeses, Candied Pecans, & Apple Vinaigrette

SOUP & MIXED GREEN SALAD \$13 (\$1 Extra for Spinach or Trio's Baby Greens)

DRESSINGS

Smoked Blue Cheese, Ranch, Killer, Sweet & Sour, 1000 Island, *Caesar Vinaigrettes: Creamy Dijon, Apple, Cilantro-Lime, Italian, & Balsamic

SPECIALTY SALADS

*g SALMON CAESAR SALAD \$19

Romaine, Parmesan Cheese, Crustinis, & Caesar Dressing

g GRILLED CHICKEN & SPINACH \$16

Mushrooms, Egg, Roma Tomato, Crispy Onion Straws, & Warm Bacon Vinaigrette

gBALSAMIC CHICKEN \$16

Mixed Greens, Strawberries, Almonds, Goat Cheese & Balsamic Vinaigrette

gROASTED CHICKEN COBB \$17

Mixed Greens, Cheddar Cheese, Smoked Bleu Cheese, Bacon, Avocado, Scallions, Tomato, Egg & "Killer" Dressing

gTRIO SAMPLER \$16

Toasted Pecan Chicken Salad, Baby Greens, Granny Smith Apples, Cheddar, Smoked Bleu Cheese, Candied Pecans, Apple Vinaigrette, & Seasonal Fruit

*g SOUTHWESTERN SALMON \$20

Mixed Greens, Red Onion, Green, Red, & Poblano Pepper Medley, Avocado, Corn Relish, Cilantro Lime Vinaigrette, & Tortilla Strips

SANDWICHES, ETC.

Choice of Fries, Pasta Salad, or Fresh Fruit Substitute a Cup of Soup or Mixed Green Salad for \$4 or a Bowl of Soup, Onion Soup, Spinach Salad or Trio's Baby Greens for \$5

THE CROISSANT CLUB \$14

Smoked Turkey, Swiss Cheese, Lettuce, Tomato, Bacon & Herb Mayonnaise

ONE GREAT CHICKEN \$15

Grilled, Honey-Barbecue Sauce, Granny Smith Apples & Melted Cheddar Cheese, Toasted French Roll

TRIO'S CHICKEN FINGERS \$14

Buttermilk-Fried & "Killer" Dressing

*ROASTED CAJUN SALMON \$15

Fresh Chopped Salmon, Pickled Onions & Cucumbers, Lemon Dill Aioli, Brioche Bun

GREEK VEGGIE WRAP \$13

Tapenade, Red Onion, Cucumber, Banana Peppers, Lettuce, Roma Tomatoes, & Feta Cheese

W/ CHICKEN \$15

GRILLED CHICKEN SALAD \$14

Toasted Pecans, & Pepper-Jack Cheese, Sourdough Bread

SWEET PEPPER FRIED CHICKEN \$15

Smoked Bacon, Sweet Pepper Jelly, Sriracha Aioli, & Pepper-Jack Cheese, Brioche Bun

REUBEN \$15

Corned Beef, Sauerkraut, Swiss Cheese, & 1000 Island Dressing, Rye Bread

*PICK-A-CHEESEBURGER \$15

Angus Beef, Choice of Smoked Bleu, Mozzarella, Pepper-Jack, Cheddar, or American Cheese, Brioche Bun

*ROASTED BEEF TENDERLOIN \$16

Grilled Onions, Crispy Onion Straws, Melted Pepper-Jack Cheese & Herb Mayonnaise, Toasted French Roll

BRICK OVEN PIZZAS

BLT WITH A TWIST \$15

Roasted Garlic Base, Mozzarella & Fontina Cheese Blend, Pecan Wood Smoked Bacon, Spinach, & Roma Tomatoes

ITALIAN SAUSAGE \$15

Roasted Garlic Oil Base, Mozzarella & Fontina Cheese Blend, Italian Sausage, Red & Green Peppers, Red Onion, Feta Cheese & Herb Parmesan

PEPPERONI, MUSHROOM, & SAUSAGE \$15

Marinara Base, Mozzarella & Fontina Cheese Blend, Pepperoni, Mushroom, & Italian Sausage

TRIO'S MEAT LOVERS \$15

White Bean Base, Mozzarella & Fontina Cheese Blend, Ground Beef, Pepperoni, Pecan Wood Smoked Bacon, Green Peppers, & Red Onion

MEDITERRANEAN \$14

Olive Tapenade Base, Mozzarella & Fontina Cheese Blend, Spinach, Sun-Dried Tomatoes, Red Onions & Feta Cheese

ROASTED VEGETARIAN \$14

Roasted Garlic Base, Mozzarella & Fontina Cheese Blend, Red Peppers, Onions, Kalamata Olives, Spinach, Mushrooms, Banana Peppers, & Roma Tomatoes

TOMATO AND FRESH BASIL \$14

Roasted Garlic Base, Mozzarella & Fontina Cheese Blend, Roma Tomatoes, & Goat Cheese

PESTO & FOUR CHEESE \$14

Basil Pesto Base, Mozzarella & Fontina Cheese Blend, Herb Parmesan, Goat Cheese, Sun-Dried Tomatoes, & Fresh Basil

ANY ITEMS ON THIS PAGE:

Add a Mixed Green Salad \$6; Spinach Salad or Trio's Baby Greens \$7

ENTREES

g CAJUN SHRIMP & GRITS \$20

Collard Greens, Charred Tomato-Tasso Gravy, & Crispy Onion Straws

* g SEARED LEMON PEPPER SALMON \$22

Creamed Cauliflower, Grilled Asparagus & Citrus Beurre Blanc

FARRO RISOTTO

Roasted Carrots, Mushrooms, Grilled Red Onion, Spinach & Citrus Beurre Blanc Grilled Balsamic Chicken \$18 * Pan Seared Scallops \$22 *Grilled Salmon \$22

* SEARED SHRIMP & SCALLOPS \$22

Pesto Angel Hair Pasta, Grape Tomatoes, Red & Yellow Peppers, Sun-Dried Tomato Butter & Feta Cheese

* g 6 OZ. FILET MIGNON \$MARKET PRICE

Grilled Asparagus, Whipped Potatoes, & Mushroom Demi-Glace

* g GRILLED PORK RIBEYE \$20

Lemon Garlic Broccoli & Cauliflower, Whipped Potatoes, & Roasted Garlic-Herb Butter

MEATLOAF TRIO \$19

Ground Veal, Beef & Pork, Lemon Garlic Broccoli & Cauliflower, Whipped Potatoes, & Charred Tomato-Tasso Gravy

SOUTHERN FRIED CHICKEN \$18

Boneless Breast, Apple Cider Collard Greens, Whipped Potatoes, & Charred Tomato-Tasso Gravy

CHICKEN PICCATA \$18

Angel Hair Pasta, Peppers, Grape Tomatoes, Capers, with Lemon-Garlic Butter & Citrus Beurre Blanc

THREE CHEESE TORTELLINI \$15

Parmesan Cream & Marinara Add Chicken \$5 or Shrimp \$6

WOOD SMOKED CHICKEN PENNE \$17

Spinach, Roasted Mushrooms & Sun-Dried Tomato Cream

*10 OZ. PRIME RIB WEDNESDAY

Available after 4pm
Lemon Garlic Broccoli & Cauliflower,
& Whipped Potatoes
Horseradish Cream Sauce & Au Jus
\$MARKET PRICE

~20% GRATUITY MAYBE APPLIED~ FOR ALL PARTIES OF 6 OR MORE~ g ITEMS THAT CAN BE MADE TO BE GLUTEN FREE

*CONSUMING UNDERCOOKED MEATS, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.