

## STARTERS

### **HOUSE MADE VINEGAR CHIPS \$9**

Smoked Blue Cheese, Bacon, & Scallions

### **WOOD FIRED PESTO BREAD \$10**

Fontina, Mozzarella, & Sun-Dried Tomatoes,  
Balsamic Vinaigrette

### **TRIO'S BRICK OVEN FAVORITE \$11**

Herb Parmesan Pizza Wedges with Warm Marinara & Goat  
Cheese, White Bean Dip, & Tapenade

### **CRISPY CALAMARI \$14**

Fried Banana Peppers, Sweet Pepper Sauce,  
& Sriracha Aioli

### **SALMON CAKES \$14**

Cajun Remoulade & Corn Relish

### **ONION SOUP \$8**

Puff Pastry & Mozzarella Cheese

### **MULLIGATAWNY SOUP**

Our Signature

Cup \$7 Bowl \$8

### **TODAY'S SOUP**

Cup \$7 Bowl \$8

### **g MIXED GREENS SALAD \$7**

Diced Tomatoes & Cucumbers

### **g SPINACH SALAD \$8**

Topped with Bacon, Mushrooms, Feta Cheese, Red  
Onion, & Diced Tomatoes

### **g TRIO'S BABY GREEN SALAD \$8**

Strawberries, Granny Smith Apples, Cheddar, Smoked  
Bleu Cheeses, Candied Pecans, & Apple Vinaigrette

### **SOUP & MIXED GREEN SALAD \$13**

(\$1 Extra for Spinach or Trio's Baby Greens)

## DRESSINGS

Smoked Blue Cheese, Ranch, Killer, Sweet & Sour, 1000 Island, \*Caesar  
Vinaigrettes: Creamy Dijon, Apple, Cilantro-Lime, Italian, Raspberry-Basil, & Balsamic

## SPECIALTY SALADS

### **\*g SALMON CAESAR SALAD \$19**

Romaine, Parmesan Cheese, Roma Tomatoes, Crustinis, & Caesar Dressing

### **g GRILLED CHICKEN & SPINACH \$15**

Mushrooms, Egg, Roma Tomato, Crispy Onion Straws, & Warm Bacon Vinaigrette

### **g BALSAMIC CHICKEN \$15**

Mixed Greens, Strawberries, Almonds, Goat Cheese & Raspberry Vinaigrette

### **g ROASTED CHICKEN COBB \$16**

Mixed Greens, Cheddar Cheese, Smoked Bleu Cheese, Bacon,  
Avocado, Scallions, Tomato, Egg & "Killer" Dressing

### **g TRIO SAMPLER \$15**

Toasted Pecan Chicken Salad, Baby Greens, Granny Smith Apples, Cheddar,  
Smoked Bleu Cheese, Candied Pecans, Apple Vinaigrette, & Seasonal Fruit

### **\*g SOUTHWESTERN SALMON \$19**

Mixed Greens, Red Onion, Green, Red, & Poblano Pepper Medley, Avocado, Corn Relish,  
Cilantro Lime Vinaigrette, & Tortilla Strips

## SANDWICHES, ETC.

Choice of Fries, Pasta Salad, or Fresh Fruit

Substitute a Cup of Soup or Mixed Green Salad for \$3

or a Bowl of Soup, Onion Soup, Spinach Salad or Trio's Baby Greens for \$4

### **GREEK VEGGIE WRAP \$13**

Tapenade, Red Onion, Cucumber, Banana Peppers, Lettuce,  
Roma Tomatoes, & Feta Cheese

W/ CHICKEN \$15

### **THE CROISSANT CLUB \$14**

Smoked Turkey, Swiss Cheese, Lettuce, Tomato,  
Bacon & Herb Mayonnaise

### **ONE GREAT CHICKEN \$15**

Grilled, Honey-Barbecue Sauce, Granny Smith Apples & Melted  
Cheddar Cheese, Toasted Milano Roll

### **TRIO'S CHICKEN FINGERS \$14**

Buttermilk-Fried & "Killer" Dressing

### **CHICKEN SALAD SANDWICH \$14**

Toasted Pecans, & Pepper-Jack Cheese,  
on Grilled Sourdough Bread

### **SWEET PEPPER FRIED CHICKEN \$15**

Smoked Bacon, Sweet Pepper Jelly, Sriracha Aioli, &  
Pepper-Jack Cheese on Toasted Brioche Bun

### **REUBEN \$15**

Comed Beef, Sauerkraut, Swiss Cheese, & 1000 Island  
Dressing on Rye

### **\*PICK-A-CHEESEBURGER \$15**

Angus Beef, Choice of Smoked Bleu, Mozzarella, Pepper-Jack,  
Cheddar, or American Cheese on a Brioche Bun

### **\*ROASTED BEEF TENDERLOIN \$16**

Grilled Onions, Crispy Onion Straws, Melted Pepper-Jack  
Cheese & Herb Mayonnaise on a Toasted Milano Roll

## BRICK OVEN PIZZAS

### **BLT WITH A TWIST \$15**

Roasted Garlic Base, Mozzarella & Fontina Cheese Blend,  
Pecan Wood Smoked Bacon,  
Spinach, & Roma Tomatoes

### **ITALIAN SAUSAGE \$15**

Roasted Garlic Oil Base, Mozzarella & Fontina Cheese  
Blend, Italian Sausage, Red & Green Peppers, Red Onion,  
Feta Cheese & Herb Parmesan

### **PEPPERONI, MUSHROOM, & SAUSAGE \$15**

Marinara Base, Mozzarella & Fontina Cheese Blend,  
Pepperoni, Mushroom, & Italian Sausage

### **TRIO'S MEAT LOVERS \$15**

White Bean Base, Mozzarella & Fontina Cheese Blend,  
Ground Beef, Pepperoni, Pecan Wood Smoked Bacon,  
Green Peppers, & Red Onion

### **MEDITERRANEAN \$14**

Olive Tapenade Base, Mozzarella & Fontina Cheese  
Blend, Spinach, Sun-Dried Tomatoes,  
Red Onions & Feta Cheese

### **ROASTED VEGETARIAN \$14**

Roasted Garlic Base, Mozzarella & Fontina Cheese  
Blend, Red Peppers, Onions, Kalamata Olives, Spinach,  
Mushrooms, Banana Peppers, & Roma Tomatoes

### **TOMATO AND FRESH BASIL \$14**

Roasted Garlic Base, Mozzarella & Fontina Cheese  
Blend, Roma Tomatoes, & Goat Cheese

### **PESTO & FOUR CHEESE \$14**

Basil Pesto Base, Mozzarella & Fontina Cheese Blend,  
Herb Parmesan, Goat Cheese,  
Sun-Dried Tomatoes, & Fresh Basil

#### **ANY ITEMS ON THIS PAGE:**

**Add a Mixed Green Salad \$6; Spinach Salad or Trio's Baby Greens \$7**

## ENTREES

### **g CAJUN SHRIMP & GRITS \$20**

Collard Greens, Charred Tomato-Tasso Gravy, & Crispy Onion Straws

### **\* g SEARED LEMON PEPPER SALMON \$21**

Creamed Cauliflower, Grilled Asparagus & Citrus Beurre Blanc

### **FARRO RISOTTO**

Roasted Carrots, Mushrooms, Grilled Red Onion, Spinach & Citrus Beurre Blanc  
**Grilled Balsamic Chicken \$18 \* Pan Seared Scallops \$22 \*Grilled Salmon \$21**

### **\* SEARED SHRIMP & SCALLOPS \$22**

Pesto Angel Hair Pasta, Grape Tomatoes, Red & Yellow Peppers, Sun-Dried Tomato Butter & Feta Cheese

### **\* g 6 OZ. FILET MIGNON \$MARKET PRICE**

Grilled Asparagus, Whipped Potatoes, & Mushroom Demi-Glace

### **\* g 10 OZ. GRILLED RIBEYE \$MARKET PRICE**

Sauteed Green Beans, Yellow & Red Peppers, Whipped Potatoes, & Roasted Garlic Herb Butter

### **MEATLOAF TRIO \$18**

Ground Veal, Beef & Pork, Sauteed Green Beans, Yellow & Red Peppers,  
Whipped Potatoes, & Charred Tomato-Tasso Gravy

### **SOUTHERN FRIED CHICKEN \$18**

Boneless Breast, Apple Cider Collard Greens, Whipped Potatoes, & Charred Tomato-Tasso Gravy

### **CHICKEN PICCATA \$18**

Angel Hair Pasta, Peppers, Grape Tomatoes, Capers, with Lemon-Garlic Butter & Citrus Beurre Blanc

### **THREE CHEESE TORTELLINI \$15**

Parmesan Cream & Marinara  
**Add Chicken \$5 or Shrimp \$6**

### **WOOD SMOKED CHICKEN PENNE \$17**

Roasted Mushrooms & Garlic Parmesan Cream

### **\*10 OZ. PRIME RIB WEDNESDAY**

Available after 4pm  
Sauteed Green Beans, Yellow & Red Peppers, & Whipped Potatoes  
Horseradish Cream Sauce & Au Jus  
**\$MARKET PRICE**

~20% GRATUITY WILL BE ADDED FOR ALL PARTIES OF 6 OR MORE~

g ITEMS THAT CAN BE MADE TO BE GLUTEN FREE

\*CONSUMING UNDERCOOKED MEATS, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF  
FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.